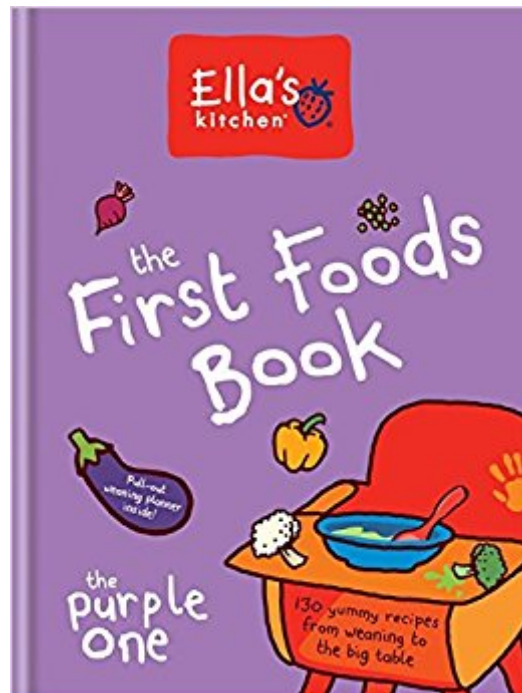




The book was found

Ella's Kitchen: The First Foods Book: The Purple One



Synopsis

From the fastest growing baby and toddler food brand, the essential guide to introducing new foods to your baby - the fun, stress-free, Ella's Kitchen way. Covering every step of your child's discovery of new foods, from six months to a year, The First Foods Book includes more than 130 recipes - from single-veg purees to exciting combinations and full meals. Every one has been rigorously tested to ensure it meets with Ella's Kitchen nutritional standards. There is also lots of practical advice to give every parent confidence at this key stage of their baby's development. Thanks to top tips and insider advice from nutritionists, baby experts and real mums, dads and carers, introducing solids becomes as much of an adventure for parents as it is for the little one whose taste exploration has only just begun. Weekly meal planners show you just what to expect, and there is a pull-out chart included in the book that you can stick on your fridge or wall. The third in the hugely successful Ella's Kitchen Cook Book series, The First Foods Book brims with recipes guaranteed to set tiny taste buds alight. With every recipe specifically developed for its nutritional content, as well as for its yummy flavor, and with the Ella's Kitchen stamp of approval on every page, this is set to become every parent's must-have guide.

Book Information

Series: Ella's Kitchen (Book 2)

Hardcover: 192 pages

Publisher: Hamlyn (May 5, 2015)

Language: English

ISBN-10: 0600630501

ISBN-13: 978-0600630500

Product Dimensions: 8 x 1 x 10.8 inches

Shipping Weight: 1.8 pounds

Average Customer Review: 4.7 out of 5 stars 5 customer reviews

Best Sellers Rank: #357,790 in Books (See Top 100 in Books) #54 in [Books > Parenting & Relationships > Babysitting, Day Care & Child Care](#) #69 in [Books > Cookbooks, Food & Wine > Special Diet > Baby Food](#)

Customer Reviews

Ella's Kitchen is a baby and children's food company founded by Paul Lindley when he was deputy managing director of Nickelodeon and trying to start new foods with his reluctant daughter Ella. The range is based on simple, natural ingredients that ooze goodness and really appeal to children. The

company has won many awards and is one of the fastest growing brands in the UK.

Super cute first time foods book with a little pop out chart to record your little one's favorite foods! Ella knows what she's doing! She actually gets that your baby won't eat disgusting tasting food.

Covers all the necessary steps from weaning a 4-6 months infant to a toddler. The author covers what to introduce first to your baby, how to prepare it, and how much to give.

Highly recommend! Delicious and easy recipes!

I use this every day! Great recipes!

Love this book and use it often. High recommend end for someone who likes to cook.

[Download to continue reading...](#)

Ella's Kitchen: The First Foods Book: The Purple One Cinder & Ella (Cinder & Ella #1) CHEAT SHEET SIMPLY for USA FOODS: CARBOHYDRATE, GLYCEMIC INDEX, GLYCEMIC LOAD FOODS Listed from LOW to HIGH + High FIBER FOODS Listed from HIGH TO LOW with OVER 375 foods BORN IN THE USA Whole Food: The 30 Day Whole Food Challenge ãâ â œ Whole Foods Diet ãâ â œ Whole Foods Cookbook ãâ â œ Whole Foods Recipes (Whole Foods - Clean Eating) Whole: The 30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes Guaranteed to Lose Weight (Whole, Whole foods, 30 Day Whole ... Whole Foods Cookbook, Whole Foods Diet) Harold and the Purple Crayon (Purple Crayon Books) The Color Purple Collection: The Color Purple, The Temple of My Familiar, and Possessing the Secret of Joy Purple City, Volumes 1-3: The Purple City Tales The GMO Takeover: How to Avoid Monsanto and These Harmful Foods (GMO, Genetically Modified Foods) (Avoiding Toxic GMO Foods and Monsanto to Stay Healthy Book 1) Foods High in Fiber Cookbook: List of High Fiber Foods for a Healthy Lifestyle - Recipes for High Fiber Foods Ella's Kitchen: The Cookbook Ella's Kitchen: The Easy Family Cookbook Chloe's Quick-and-Easy Vegan Party Foods (from Chloe's Kitchen): 10 Delicious Recipes for Making the Party Foods You Love the Vegan Way Cooking for One: 365 Recipes For One, Quick and Easy Recipes (Healthy Cooking for One, Easy Cooking for One, One Pot, One Pan) Ella Fitzgerald: First Lady of Song (Carter G. Woodson Honor Book) First Lady of Song: Ella Fitzgerald for the Record Ella Fitzgerald (First Discovery Music) Ella Fitzgerald: First Lady of Jazz (Fact Finders Biographies: Great African Americans) Best Wok Recipes from

Mama Li's Kitchen: Healthy, Quick and Easy One Pot Meals for Busy Families (Mama Li's Kitchen Book 1) #Food #Coloring Book: #FOOD is Coloring Book No.7 in the Adult Coloring Book Series Celebrating Foods, Snacks & Treats (Coloring Books, Foods, ... Series of Adult Coloring Books) (Volume 7)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)